

# HOLY TRINITY & ST GEORGE CATHOLIC CHURCH, KENDAL

## FIRST SUNDAY OF LENT - 10th March 2019

### READINGS FOR FIRST SUNDAY OF LENT:

#### **Jesus offers us dignity ...**

Every day we have the capacity both to encounter the love of God and to love as God loves. Our lives are physical and spiritual; the right balance of which we can call integrity. When we sin we compromise that integrity and risk replacing inner peace with turmoil. Expert as we are in rationalising our actions, we can become over anxious when our integrity is off balance. We know too, that when we successfully fight off temptation and sin our integrity remains intact. This integrity is the focus of the first part of Lent. Let's begin by asking ourselves: am I at peace or am I anxious? When I'm honest with myself I soon acknowledge that certain things may have crept into my life that can disturb my integrity. To make a good Lent, our focus should not just be on what we might give up, or what extra prayers we might say, or even what additional charity we may practice: these are all good and necessary things. If we are to make a really good Lent our focus needs to be on our integrity and on rebalancing our physical and spiritual lives.

**...He offers us peace and integrity**



### FAMILY FAST DAY is Friday 15<sup>th</sup> March 'Fast, pray and give'

**LENT FAST DAY ENVELOPES** will be distributed this weekend in readiness for Family Fast Day. This is an opportunity to support those around the world who are struggling to support and feed their families having been affected especially by drought, floods and storms. The envelopes will be collected on Sunday 17<sup>th</sup> March. **CAFOD** thank you for your support helping those living with poverty.



**THE STATIONS OF THE CROSS** will be prayed on each Friday of Lent at 11.30 am in the Church. Please join us.

### DIARY EVENTS:

SUNDAY 10 <sup>th</sup>	10.00 am:	Children's Liturgy
	11.00 am:	Prayer Ministry
MONDAY 11 <sup>th</sup>	10.00 am:	Christian Meditation Group
TUESDAY 12 <sup>th</sup>	7.30 pm:	RCIA Meeting
WEDNESDAY 13 <sup>th</sup>	7.30 pm:	Prayer Meeting
THURSDAY 14 <sup>th</sup>	10.00 am:	Cenacolo Prayers & Meeting
	2.00 pm:	Thursday Club
	7.30 pm:	St Luke Study
FRIDAY 15 <sup>th</sup>	12.45 pm:	Lent Soup – Maureen & Dennis – <i>thank you</i>
SATURDAY 16 <sup>th</sup>	9.30 – 11am:	Catch Up Club (Yr 7 & 8)
	11.30 – 1pm:	Step Up Club (Yr 9 & 10)
SUNDAY 17 <sup>th</sup>	10.00 am:	Children's Liturgy
	11.00 am:	Prayer Ministry
	4.00 pm:	Confirmations Session 1



**LENTEN SOUP** will be served in the parish centre on Fridays through Lent after 12.15pm Mass. Please come along. Thank you to all those who have volunteered to provide and serve the soup – the rota is now full!

### WEEKLY DUTIES COMMENCING Sunday 17th March

INFANT LITURGY:	John Driscoll
JUNIOR CHURCH:	Chris Bagge & Ann Whelan
COFFEE:	Church Ministers
COUNTERS:	Mr & Mrs Neil
CLEANING:	Mr & Mrs C Winders



### THE POPE'S PRAYER INTENTIONS for MARCH 2019:

**Evangelisation:** That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

**PRESBYTERY CONTACT:** (01539) 720063. E-mail: kendalcatholicchurch@gmail.com  
**PARISH OFFICE** (9am-1.30pm Thursday & Friday) www.kendalcatholicchurch.org  
Lancaster R.C. Diocesan Trustees Registered – Registered Charity No. 234331

MASS WEEK COMMENCING SUNDAY 10<sup>th</sup> MARCH 2019  
Office Proper 1<sup>st</sup> Sunday in Lent, Sundays Yr C, Mass text pg. 71

Sunday  
9<sup>th</sup>  
10<sup>th</sup> **FIRST SUNDAY IN LENT**  
6.00 pm (Vigil): Elsie McAvoy RIP  
10.00 am: Mrs Mary C Sadler RIP  
12.00 noon: People of the parish (at Sedbergh)  
6.00 pm:

**LENT FAST DAY ENVELOPE DISTRIBUTION**

Mon 11<sup>th</sup> **Monday of 1<sup>st</sup> week in Lent**  
9.15 am: Wilf Anderson LD

Tues 12<sup>th</sup> **Tuesday of 1<sup>st</sup> week in Lent**  
12.15 pm: **Eucharistic Service**

Wed 13<sup>th</sup> **Wednesday of 1<sup>st</sup> week in Lent**  
7.00 pm:

Thurs 14<sup>th</sup> **Thursday of 1<sup>st</sup> week in Lent**  
2.15 pm: Year 5 School Mass (in church) *All welcome*

Fri 15<sup>th</sup> **Friday of 1<sup>st</sup> week in Lent**  
11.30 am: **Stations of the Cross**  
12.15 pm:

Sat 16<sup>th</sup> **Saturday of 1<sup>st</sup> week in Lent**

Sunday  
16<sup>th</sup>  
17<sup>th</sup> **SECOND SUNDAY IN LENT**  
6.00 pm (Vigil): Frank McAvoy RIP  
10.00 am: Mickey Radice RIP  
12.00 noon: People of the parish (at Sedbergh)  
6.00 pm:

**LENT FAST DAY ENVELOPE COLLECTION**

**SATURDAY CONFESSIONS** in Confessional 5.10 – 5.40pm

**PLEASE REMEMBER IN YOUR PRAYERS:**

**SICK:** Bernadette Watts, George Weld-Blundell, Holly Howe, Anne Riding, Ged Hillon, Will Flitcroft, Philip Barry, Pat Newton, Trish Hoad, Margaret West, Aleyamma Punnen, Brian Chambers, Varlien Vyner-Brooks, Joan Baines, Howard Selby, Archie Scott, Jamie Banks Wallhead, Mary Brady, Bob Dickie, Ian Muir, Julie Wordsworth, Sylvia Duckworth.


**ANNIVERSARIES:** Baby Bradley Kinley, Michael Kelly, Jack Smith, Kenneth Lowther, Sheila Clarke, Fr. J. Moxham, Margaret Wadey, Denis Chandler, Erwin Guzie, Maria Shepherd, Sylvia Robinson, Alcide Michelini, Mary Anderson, Jeffery George.

The Funeral Service for Wilf Anderson is to be held at Beetham Crematorium on Monday 11<sup>th</sup> March at 12.30pm.

**LENT PREPARATION:** We have two items to help with preparation for Lent. One is the Lent Extra book from the Redemptorists and the other is a Lent Guide leaflet which is based on Live Simply principles. Copies are at the back of church so please take one for each family.

Next weekend will be a **DOUBLE BULLETIN** for Sunday 17<sup>th</sup> & Sunday 24<sup>th</sup> March. If you would like anything in the bulletin **BEFORE 31<sup>st</sup> March** you will need to let the parish office know by Thursday 14<sup>th</sup> March latest. Thank you.

**FIRST HOLY COMMUNION PARENTS' MEETING & CHILDREN'S SESSION 1**



There will be a meeting for both the parents and children who are preparing for their First Holy Communion in May. This will be on **Wednesday 20<sup>th</sup> March at 6pm** in the parish centre. We do hope that you can make it and look forward to seeing you then.

**CHURCH SPRING CLEAN Tuesday 16<sup>th</sup> April from 10am:** Our cleaners do a wonderful job (*thank you*) but there are always places that cannot be reached! We would like to have a 'Spring Clean' for Easter and so if you would like to offer your cleaning services please put your name on the list in the church porch. Refreshments for the workers will be provided! *Many hands make light work.*

**FLOWER ARRANGERS WANTED** to join the rota for Altar flowers. Your turn would be once every six weeks starting after Easter. You don't need to be an expert – just willing to help. Please phone Anne Winders K. 734742. Many thanks.

**THANK YOU** for the positive response to the new look Parish Magazine! If you have anything you would like to contribute to the next issue then please email it to [yorkistatheart@gmail.com](mailto:yorkistatheart@gmail.com) by 22<sup>nd</sup> March.

**SOUTH LAKES DEMENTIA HUB KENDAL:** Get together for chat & refreshments. Tuesday 12<sup>th</sup> March, 2–4pm, Brewery Arts Centre. Alison: [KendalDAA@gmail.com](mailto:KendalDAA@gmail.com)

**MIND WORKSHOP:** Free self-harm & suicide alertness training for professionals working with young people. Kendal Town Hall, Tuesday 19<sup>th</sup> March, 1.30pm. Email [training@cemind.org](mailto:training@cemind.org) or visit website [www.eventbrite.com](http://www.eventbrite.com)

If you think you may have some **LOST PROPERTY** please contact the parish office to take a look. There are also some children's wellies in the church porch.

**Last week's Attendance: 344 Offertory £1121.21 Thank you**